

**the beatings
will continue
until morale
improves**

The above statement sounds so incredibly absurd that it is funny. No one in their right mind would expect that this is an effective way to motivate people.

Yet, isn't this what we often do when we try to motivate ourselves?

If you're browbeating yourself into doing things, you're letting a slavedriver stand between you and success.

Remove the slavedriver, and you'll be that much closer to achieving your goals.